



“I care for you”

An Employee Emotional Well-Being Initiative leveraging preventive approach

evolv

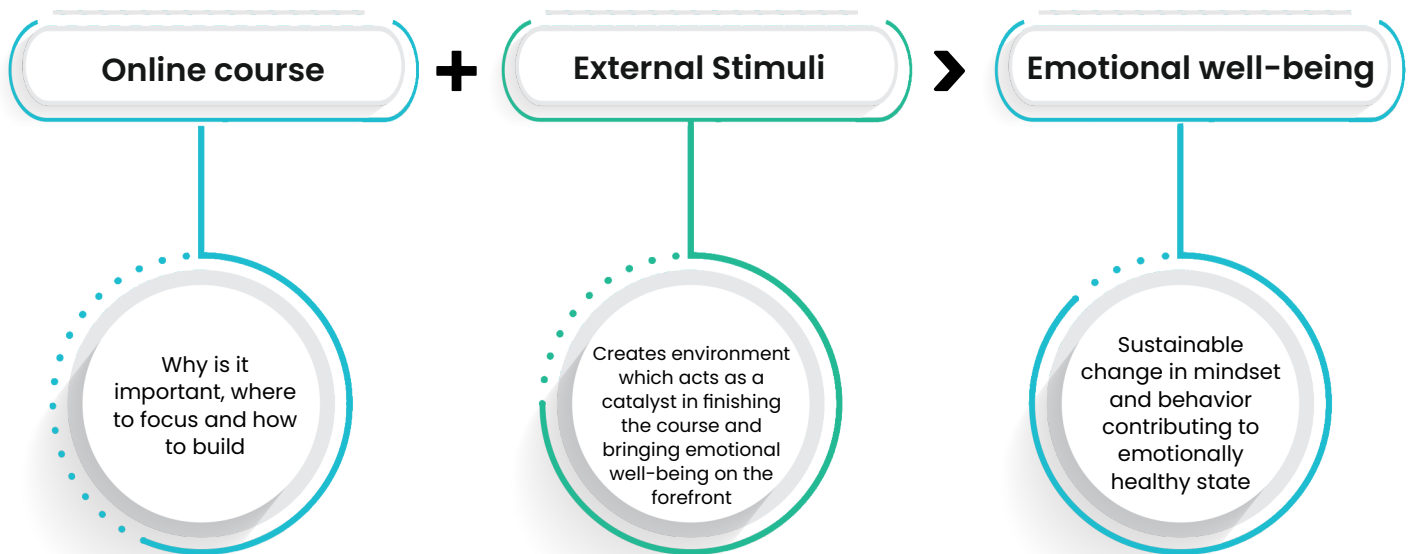
Employee Wellbeing:

Beyond Band-Aid Solutions

Research shows that an emotionally healthy employees are not just happier, they are also more productive, engaged, and valuable assets to any organization. Still the approach followed for employee well-being is curative and not preventive. Why wait for an employee to reach a stage of burn out, when we can equip them with tools to not only manage their negative emotions and stress but also to be emotionally healthy.

Keeping that in mind **Evolv's "I Care For You"** initiative promotes a preventive, sustainable approach equipping employees to deal with negative emotions on a day to day basis and also teaching them ways to build on positive ones like Joy, enthusiasm, inspiration. Our program combines powerful psychological frameworks with science-backed external stimuli to create a lasting impact on employee well-being, leading to increased creativity, resilience, and peak performance.

Methodology



Salient features

- Time needed by employee – **10 min per day for 30 days**
- Access online content anytime anywhere
- Minimum commitment needed by **HR – total 2 -3 hours**
- All legwork by our team
- Built by team of psychologist with combined experience of **100 years**
- Measurable impact

Results

Enhanced productivity



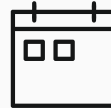
Improved focus and concentration



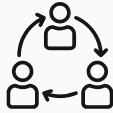
Higher ability to deal with change



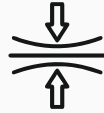
Reduced absenteeism and enhanced Presenteeism



Improved team work, & Better collaboration



Improved Resilience



Greater creativity and Problem-Solving skills



Enhanced decision making



High success rate at tasks



Reduced conflict



Impacts Top line as well as bottom line of corporates

Contact us for more information:

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